

We have a trained and experienced outreach team available to attend home visits or answer any questions and queries, including those about:

Routines and boundaries
Benefits
Housing
Sleep routines
Breastfeeding
Introducing solid foods
Getting ready for school
Getting back to work
Adult learning
Parenting challenges

Our aim is to support families with all aspects of their lives and bringing up children aged 0-4.



Boundstone, Brook, Churt, Dockenfield, Elstead, Frensham, Lower Bourne, Rowledge, Shortheath, The Bourne, Tilford, Thursley, Wrecclesham

**Sure Start
Children's Centres**



INFORMATION

Elstead & Villages Sure Start Children's Centre
St James Primary School
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Elstead
Surrey
GU8 6DH

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E: ccadvice@st-james-elstead.surrey.sch.uk

W: evsscc.org.uk



Elstead & Villages Sure Start Children's Centre

September 2018

The aim of the children's centre is to improve: child development and school readiness; child and family health and life chances; parenting aspirations and parenting skills.

Weekly term time sessions:

Monday: EVSSCC

Play & Learn: 9.30–11.00

This is an opportunity for your children to learn and have fun, and for you to meet other parents who live in the area, to get together, share experiences and ideas, enjoy messy play, toys, games and songs. The session is drop-in and informal. Come along and explore new and exciting ways to play and get some great tips on what to do at home.

Baby Group: 1.30–2.30

Come and have fun at our baby play session and meet other parents, share experiences and ideas. No charge for either of the above.

Advice, Information and Guidance

If you have any issues regarding your under 5's and your family life - from finding a new job to coping with the stresses of parenting to checking you are getting all the help and support you need. Drop in for a chat Monday – Wednesday 9am–2.30pm.

Wednesday: Wrecclesham Community Centre

Happy Nappies 9.30–11.00 (a parent run community toddler group)

Term-time drop-in session for children aged 0–5 with toys, craft, singing and baby area. A member of the children's centre staff attends once every half term (£2 per child/50p per additional child over 6 months).

Holiday Activities: Look out for our holiday activities. Like our Facebook page and keep up to date with lots of news and information.

Foodbank: The children's centre has Foodbank vouchers should you ever find you need to access their support.

Healthy Start: We can also access Healthy Start vouchers and vitamins.

FEET Funding: You might be eligible for 15 hours free early education and childcare a week. Contact the centre and we can help you find out.

Courses:

Parenting Puzzle Course Our next course will start on Tuesday 25th September This will be a 4 week course focusing on positive, practical ways to enjoy bringing up children. **Please contact us for more information.**

Baby Massage 5 week course Our next course will start on Wednesday 31st October from 10.30–12midday for 5 sessions at St Johns Church hall, Churt GU10 3EA. **Please contact us for more information.**

First Aid Course A two hour first aid course focused on babies and children up to 5 years. Our next course will be in the autumn term, **please call us to register your interest.**

Introducing Solid Foods Workshops To book a place on the next course contact the health visiting team on 01483 782093

Support Groups:

Breastfeeding Support Groups

Frimley midwives–1–4pm Monday & Thursday at Hale CC. To book ring 07974 324379

Snuggles and Cuddles–1–2pm with a Health Visitors present, Thursdays at Loseley Fields Childrens Centre, GU7 3TB. T:01483 419325

La Leché have their support café on Monday mornings from 10 - 12 at 40Degreez, by Farnham Sports Centre.

Our staff are also trained in supporting breastfeeding and we have breast pumps available to borrow – just ask in the centre.

Home-based Carers Group at Hale Twice a month on Wed in term- time there is a child-minder's group with Hale Children's Centre at The Bungalow. This session is available to all child care professionals in the GU9 area. Call 01252 734288 for more info.